

MCP QUICK START

Connect Your First Colored Tube

WHAT'S AN MCP?

Model Context Protocol. Claude talks directly to other tools so you don't copy and paste.

WITHOUT MCPs: You are the tube. Copy. Paste. Cry.

WITH MCPs: The tube does it. You drink tea.

YOUR FIRST CONNECTION: AIRTABLE

STEP 1: Open Claude Desktop

STEP 2: Settings (gear icon) > Connectors

STEP 3: Find "Airtable" > Connect

STEP 4: Follow authorization steps

STEP 5: Done!

TEST: "Can you see my Airtable bases? List them for me."

THE LINEUP

- AIRTABLE — Your database. Start here.
- SLACK — Get notifications
- GOOGLE DRIVE — Read/write files
- GMAIL — Read/send emails
- CLOUDFLARE — Manage hosting
- CALENDAR — Schedule things

ONE AT A TIME. TEST IT. THEN THE NEXT ONE.

"Do not lick the colored tubes."